

to the muscles; taken with the expressed
 juice of KesharAji, they enable their users to live for a
 thousand years. By
 using these powers through the medium of
 K^njikurn, a
 man is enabled to live for a century without
 anywise suffer*
 i»g from the ravages of time. Taken with
 Tripha&, they
 tend to improve the eye-sight; by taking them
 through the
 vehicle of clarified butter even blind persons
 may regain
 their sight. A plaster of these powders pasted
 with buffalo
 milk and applied to the head, imparts a sable
 colour to the
 hair\$ O t|iou bull-ensigned deity,
 applications of these
 powders with oil to the head remove baldness
 and help a
 luxurious growth of hair. Rubbing of the
 body with these
 powders pasted with oil removes wrinkles of
 the skin and
 premature greyness of the hair, and grants a
 sort of im-
 munity from disease. These powders
 pasted with- goat's
 milk and applied to the eyes, in the manner of
 a collyrium,
 for a month, improve the eye-sight. Gather
 Pal&sha seeds
 in the month of Shravana. Reduce these
 seeds to powder,
 with their capsules off, and take this powder
 for six months,
 living on a rice and milk regimen, and abjuring
 the use of
 water. By taking this powder in the way as
 prescribed, a man

is enabled to live for a thousand years, free
from disease
and decay. Cull Bhiringa*)rAja roots under the
auspices of
the asterism Pushyt Take a Vidilapadam
weight of this
root with barley-wine for thirty days in
succession. There-
by a man will be able to live for five hundred
years "in the
possession of an elephant-like strength of the
body and free
from disease and premature decay, and as a
prodigy of
memory.